

THE ALCOHOL USE INVENTORY—AUI

This booklet contains a number of questions regarding the use of alcohol. Please answer all of the questions as carefully as you can. Your identity and the answers you give will remain in the confidence of the person or agency administering this inventory.

INSTRUCTIONS

1. An answer sheet is provided on which to record your answers. Please do not mark on the questionnaire booklet. Fill in the information at the top of the answer sheet before going to the questions.
2. Read each question and the several possible answers before making your choice of an answer. Choose the ONE answer that best applies to you. When you mark your answer be sure that the question number on the answer sheet is the same as the question number in the questionnaire booklet.
3. The word "drinking" in a question means "drinking of alcoholic beverages."
4. Take as much time as you need. Work steadily and try to finish as soon as possible.

Here is an example which illustrates the nature of the questions and how they can be answered.

Suppose question number 21 in the booklet reads:

21. My favorite alcoholic beverage is
- a. Wine b. Beer c. Hard Liquor

You are to select the one answer that best represents your preference. Sometimes this may be difficult because more than one answer may apply or because no answer is just right. In the above question, for example, one might prefer ale. In this case one would select beer as closest to the best answer. In each case of this kind, give the best answer you can and then go on to the next question.

In the example above, if your choice were beer, then you would find the number 21 on the answer sheet and mark the box next to the letter "b".

21. a b c
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If you have questions, ask the questionnaire administrator. Otherwise turn the page and begin.

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| <p>1. Does drinking help you feel more important?
a. No b. Yes</p> <p>2. Does drinking help you overcome feelings of inferiority?
a. No b. Yes</p> <p>3. Do most of your friends drink?
a. No b. Yes</p> <p>4. Does your social life require you to drink?
a. No b. Yes</p> <p>5. When you drink, do you drink several days and then sober up for a few days before drinking again?
a. No b. Yes</p> <p>6. Do you drink to help you go to sleep at night?
a. No b. Yes</p> <p>7. Does your drinking cause hardships for your family and/or friends?
a. No b. Yes</p> <p>8. Do you avoid talking to others about your drinking?
a. No b. Yes</p> <p>9. Do you get belligerent or mean when you drink?
a. No
b. Yes, sometimes
c. Yes, usually</p> <p>10. Have you had blackouts ("loss of memory" without passing out) as a result of drinking?
a. No, never
b. Sometimes
c. Often
d. Almost every time I drink</p> <p>11. How much did you drink the last time you drank?
a. Enough to get high or less
b. Enough to get drunk
c. Enough to pass out</p> <p>12. Have you passed out as a result of drinking?
a. No
b. About once a year
c. Twice a year or more</p> <p>13. After a night of heavy drinking do you have physical discomfort?
a. No b. Yes</p> | <p>14. How long were you unemployed during the last year?
a. Had a job throughout the year
b. Had a job for about 1 month
c. Without job for about 1–3 months
d. Without job more than 3 months</p> <p>15. Have you ever attended a treatment program for alcohol problems?
a. No
b. Yes, once
c. Yes, several times</p> <p>16. Do you drink to get over being irritated or resentful?
a. No b. Yes</p> <p>17. Do you drink in the morning to relieve a hangover?
a. No
b. Yes, sometimes
c. Yes, almost every time I drink</p> <p>18. When drinking do you usually drink more than one kind of alcohol (for example, beer and hard liquor)?
a. No b. Yes</p> <p>19. After an evening of heavy drinking, do you usually have something to eat before going to bed?
a. No b. Yes</p> <p>20. Do you sometimes neglect your work because of drinking ?
a. No
b. Somewhat
c. To a great extent</p> <p>21. Do you have frightening dreams when sobering up as a result of drinking?
a. No
b. Sometimes
c. Almost every time I drink</p> <p>22. Does drinking help you to overcome shyness?
a. No b. Yes</p> <p>23. Does drinking help you get along with other people?
a. No b. Yes</p> <p>24. Do you do most of your drinking at bars?
a. No b. Yes</p> <p>25. Do you go to parties where there is drinking?
a. No
b. Yes, about once a month
c. Yes, several times a month or more</p> |
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| <p>26. When you drink, do you drink every day at about the same time?
a. No b. Yes.</p> <p>27. Have you been drinking almost every day?
a. No
b. For about the last 6 months or less
c. For more than the last 6 months</p> <p>28. Are you worried that your drinking is occurring at times other than the times you are accustomed to drinking?
a. No b. Yes</p> <p>29. Do you drink to change your mood (drink when bored, angry, flat)?
a. No b. Yes</p> <p>30. Do you swing from periods of great happiness to periods of great despair?
a. No b. Yes</p> <p>31. Have you used antabuse to help you to stop drinking?
a. No b. Yes</p> <p>32. Have you turned to religion to help you with your drinking problem?
a. No b. Yes</p> <p>33. When you drink, do you stumble about, stagger and weave?
a. No
b. Sometimes
c. Often</p> <p>34. Do you gulp drinks (drink quickly)?
a. No b. Yes</p> <p>35. Have you been living in a marriage or marriage type relationship within the last six months?
a. No b. Yes</p> <p>36. As a result of being drunk, has your thinking been fuzzy or unclear?
a. No
b. Yes, but only for a few hours
c. Yes, for one or two days
d. Yes, for many days</p> <p>37. Have you had a convulsion (fit) following a period of drinking?
a. No
b. Once
c. Several times</p> | <p>38. Do you get the inner shakes when you stop drinking?
a. No
b. Sometimes
c. Often</p> <p>39. After taking one or two drinks, can you usually stop?
a. Yes
b. Sometimes
c. No</p> <p>40. When drinking over a period of several days, do you:
a. Eat regular meals
b. Eat occasionally
c. Eat nothing at all</p> <p>41. As a result of drinking do you have swelling or puffiness in your hands or feet?
a. No
b. Yes, mild swelling
c. Yes, severe swelling</p> <p>42. Recently the amount you drink has:
a. Increased
b. Stayed about the same
c. Decreased</p> <p>43. Does drinking help you to relax socially?
a. No b. Yes</p> <p>44. Does drinking help you to be more alert mentally?
a. No b. Yes</p> <p>45. When you drink, do you usually drink alone?
a. No b. Yes</p> <p>46. Do you panic because you fear you may not have a drink when you need it?
a. No b. Yes</p> <p>47. Do you sneak drinks or hide bottles?
a. No b. Yes</p> <p>48. Do you go "on the wagon" (not drink at all) after a period of drinking?
a. No. I drink a little most of the time
b. Yes, I don't touch a drop between drinking periods.</p> <p>49. Are you afraid your drinking is getting worse?
a. No b. Yes</p> <p>50. When drinking, are you often very sad (for example, cry a lot)?
a. No b. Yes</p> |
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| <p>51. Do you drink to relieve tensions?
a. No, never
b. Occasionally
c. Often</p> <p>52. Do you take tranquilizer pills to settle you down or to calm yourself?
a. No b. Yes</p> <p>53. Do you take medicine to help you sleep at night (such as sleeping pills or sedatives)?
a. No b. Yes</p> <p>54. Do you lose control over what you do when you are drinking?
a. No b. Yes</p> <p>55. Have you ever been jailed for public drunkenness?
a. No
b. One or two times
c. Three or more times</p> <p>56. Are you presently living alone as a result of drinking?
a. No b. Yes</p> <p>57. As a result of drinking, have you seen things that were not there?
a. No
b. Yes, once
c. Yes, several times</p> <p>58. Have you had "shakes" when sobering up (hands tremble, shake inside, etc.) as a result of drinking?
a. No
b. Yes, sometimes
c. Yes, almost every time I drink.</p> <p>59. Have you recently used pep pills such as "bennies" or "speed" (amphetamines, etc.)?
a. No
b. Several times
c. Often</p> <p>60. Have you ever broken out in small sores as a result of drinking?
a. No b. Yes</p> <p>61. Have you ever had a "dry drunk" (act or feel like you are drunk when you have had nothing to drink)?
a. No b. Yes</p> <p>62. Are you able to recall events in the past better when drinking?
a. No b. Yes</p> | <p>63. Do you feel drinking has been a central part of your life?
a. No
b. Somewhat
c. Definitely</p> <p>64. Does drinking help you to make friends?
a. No b. Yes</p> <p>65. Do you have better ideas when drinking?
a. No b. Yes</p> <p>66. Do you usually drink with the same people?
a. No b. Yes</p> <p>67. Do you usually have a bottle by your bedside?
a. No b. Yes</p> <p>68. Do you drink throughout the day?
a. No b. Yes</p> <p>69. Do you:
a. Drink mainly only on weekends, holidays or days off?
b. Drink throughout the week and weekends?</p> <p>70. Is the result of your drinking causing you to have noticeable fear?
a. No b. Yes</p> <p>71. Do you drink to let down?
a. No b. Yes</p> <p>72. Do you drink to forget?
a. No b. Yes</p> <p>73. Do you show marked resentments when you drink?
a. No b. Yes</p> <p>74. Have you ever had medical help to sober up?
a. No
b. Once
c. Several times</p> <p>75. With respect to blackouts (loss of memory):
a. Have never had a blackout
b. Have had blackouts that last less than an hour
c. Have had blackouts that last for several hours
d. Have had blackouts that last for a day or more</p> <p>76. Have you ever received a ticket for driving under the influence of alcohol or driving while intoxicated?
a. No b. Yes</p> |
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| <p>77. Have you missed work because of drinking during the past year?</p> <p>a. No
b. Yes, but not more than 2 or 3 times
c. Yes, about 4 to 10 times
d. Yes, more than 10 times</p> <p>78. As a result of drinking have you heard "things" that were not there?</p> <p>a. No
b. Yes, once
c. Yes, several times</p> <p>79. Do you often have hangovers on Sunday or Monday mornings?</p> <p>a. No b. Yes</p> <p>80. Have you used barbiturates (Yellow Jackets, red devils, etc.)?</p> <p>a. No
b. Once or twice
c. Often</p> <p>81. When drinking, how much hard liquor (whiskey, vodka, gin) do you drink per day?</p> <p>a. None
b. Up to 3 drinks
c. Up to 1/2 pint
d. Up to 1 pint
e. More than 1 pint</p> <p>82. When you drink at a bar or party in the evening, how many drinks do you usually have before calling it a night?</p> <p>a. One or two
b. Three to five
c. Five or more</p> <p>83. With a few drinks, is your ability to drive an automobile:</p> <p>a. Better
b. The same
c. Worse</p> <p>84. Have you ever received individual counseling or therapy for a drinking problem?</p> <p>a. Never
b. Once or twice
c. More than two times</p> <p>85. When drinking, do you feel better able to express your ideas and opinions?</p> <p>a. No b. Yes</p> <p>86. Do your ideas come more freely when you are drinking?</p> <p>a. No b. Yes</p> | <p>87. Do you do most of your drinking with friends and acquaintances?</p> <p>a. No b. Yes</p> <p>88. Do you drink in order to have fun?</p> <p>a. No b. Yes</p> <p>89. Do you almost constantly think about drinking and alcohol?</p> <p>a. No b. Yes</p> <p>90. Usually how much time is there between your periods of drinking—time when you don't drink at all?</p> <p>a. None, I drink steadily
b. Less than a week
c. Up to a month
d. More than a month</p> <p>91. Are you usually depressed after a period of heavy drinking?</p> <p>a. No b. Yes</p> <p>92. Do you have vague fears and anxieties after a period of drinking?</p> <p>a. No b. Yes</p> <p>93. Do you frequently begin drinking because things pile up?</p> <p>a. No b. Yes</p> <p>94. When you are drinking, are your moods about the same as when you do not drink?</p> <p>a. No b. Yes</p> <p>95. In the last few months have you been attending A.A. (Alcoholics Anonymous)?</p> <p>a. No b. Yes</p> <p>96. Do you tend to be physically harmful to other people when drinking?</p> <p>a. No b. Yes</p> <p>97. Have you ever taken the "geographic cure"—that is, move from town to town, place to place, to stop drinking and make a new start?</p> <p>a. No b. Yes</p> <p>98. Have you had weird and frightening sensations when drinking?</p> <p>a. No
b. Yes, perhaps once or twice
c. Yes, often</p> |
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| <p>99. As a result of drinking have you "felt things" crawling on you that were not there (bugs, spiders, etc.)?</p> <p>a. No
b. Once
c. Several times</p> <p>100. Do you get physically sick (vomit, stomach cramps, etc.) as a result of drinking?</p> <p>a. No
b. Sometimes
c. Almost every time I drink</p> <p>101. Have you used marijuana?</p> <p>a. No
b. Once or twice
c. Often</p> <p>102. When you are drinking, how much beer do you drink per day?</p> <p>a. None
b. Up to three cans
c. Up to six cans
d. Up to ten cans
e. More than ten cans</p> <p>103. Have you drunk hair tonic, shaving lotion, canned heat or anything like this?</p> <p>a. No b. Yes</p> <p>104. As a result of your drinking are you easily irritated?</p> <p>a. No b. Yes</p> <p>105. Have you lost personal possessions because of drinking?</p> <p>a. No
b. Some
c. Many</p> <p>106. Do you go out to drink in order to meet people?</p> <p>a. No b. Yes</p> <p>107. Does drinking help you feel that you can reach higher goals?</p> <p>a. No b. Yes</p> <p>108. Do you do most of your drinking at home?</p> <p>a. No b. Yes</p> <p>109. Do you encourage other people (such as your wife, husband, friends) to drink with you?</p> <p>a. No b. Yes</p> <p>110. Do you carry a bottle with you or keep one close at hand?</p> <p>a. No
b. Some of the time
c. Most of the time</p> | <p>111. How long do your drinking periods usually continue?</p> <p>a. Less than a week
b. From one week to one month
c. More than a month</p> <p>112. Do you make excuses or lie to cover up your drinking?</p> <p>a. No b. Yes</p> <p>113. Do you have guilt or remorse after a drunk?</p> <p>a. No b. Yes</p> <p>114. Do you start drinking to get over being depressed?</p> <p>a. No b. Yes</p> <p>115. Do you resent others talking about your drinking?</p> <p>a. No b. Yes</p> <p>116. How many times have you received help for your drinking problem?</p> <p>a. None
b. Once
c. Several times</p> <p>117. Have you ever attempted suicide when drinking?</p> <p>a. Never
b. Once
c. Several times</p> <p>118. Have you lost a job because of drinking?</p> <p>a. No b. Yes</p> <p>119. As a result of drinking, have you ever had delirium tremens or DT's (seen, felt or heard things not really there)?</p> <p>a. No
b. Yes, once
c. Several times</p> <p>120. As a result of drinking have you felt your heart beating rapidly?</p> <p>a. No
b. Yes, once
c. Yes, several times</p> <p>121. As a result of drinking have you felt overly hot and sweaty (feverish)?</p> <p>a. No
b. Yes, once
c. Yes, several times</p> <p>122. Have you used hard narcotics (such as heroin, morphine, or other opiates)?</p> <p>a. Never
b. Once or twice
c. Several times</p> |
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123. When drinking, how much wine do you drink per day?

- a. None
- b. Up to two or three glasses
- c. Up to 1 quart
- d. Up to 2 quarts
- e. More than two quarts

124. When drinking heavily how much do you typically sleep during a 24 hour period?

- a. 7-8 hours or more
- b. 5-6 hours
- c. 3-4 hours
- d. Less than 2 hours

125. Do you turn to a less socially accepted life when drinking?

- a. No
- b. Yes

126. Has your life style deteriorated because of drinking?

- a. No
- b. Somewhat
- c. To a great extent

127. When you are drinking, are you better able to relate your feelings and thoughts to the opposite sex?

- a. No
- b. Yes

128. Does drinking help you work better?

- a. No
- b. Yes

129. Do you usually drink with a person of the opposite sex?

- a. No
- b. Yes

130. Are you usually happier when you are drinking?

- a. No
- b. Yes

131. Do you drink during your work day?

- a. No
- b. Yes

132. Do you usually keep yourself somewhat intoxicated throughout each day?

- a. No
- b. Yes

133. Does alcohol enable you to better perform certain tasks?

- a. No
- b. Yes

134. Do you tend to shut out the world when drinking?

- a. No
- b. Yes

If you have been living in a marriage or marriage-type situation within the past six months please complete the following 13 questions. If not, you are through with this questionnaire.

135. Has your drinking been a factor in marital difficulties?

- a. No
- b. Yes

136. Did you have difficulties in your marriage before you started to drink?

- a. No
- b. Yes

137. Does your spouse get angry over your drinking?

- a. No
- b. Yes

138. Have changes in your wife or husband contributed to your drinking heavily?

- a. No
- b. Yes

139. Do you get irritated when your spouse comments on your drinking?

- a. No
- b. Yes

140. Do you feel your spouse has been unfaithful?

- a. No
- b. Yes, once
- c. Yes, several times

141. Do you argue with or belittle your spouse when you are drinking?

- a. No
- b. Yes

142. Is your spouse too friendly with members of the opposite sex?

- a. No
- b. Yes

143. Do you sometimes physically abuse your wife or husband when drinking?

- a. No
- b. Yes

144. Is your spouse excessively jealous?

- a. No
- b. Yes

145. Does your spouse nag you about your drinking?

- a. No
- b. Yes

146. Does your spouse regard you as overly jealous?

- a. No
- b. Yes

147. Do you feel that your marital problems have caused you to drink?

- a. No
- b. Yes